# **Growing Works**

**Nurturing Healthy Lives Outdoors** 



### **Activities for Communities**

All ages welcome, children to be supervised by an adult Contact Rachel on <u>info@growingworks.org.uk</u> or 07845 415289

### **Growing Works Harvest Celebration and AGM**

Join us for seasonal food, gardening activities, nature crafts, and celebrate the changes to our site. Saturday 14<sup>th</sup> September 2pm – 4pm at Wakefield Road Allotments, Dalton, HD5 9XN. Blue badge parking only on site.

### **Tolson Edible Garden – until 9<sup>th</sup> September** Gardening session Mondays 10.00am – 12.00pm at Heritage Memorial Gardens, Tolson Museum, HD5 8DJ

### Dalton Community Garden – until 30<sup>th</sup> September

Gardening session Mondays 1pm – 3pm, behind the Library, Harpe Inge, HD5 9RD

Booking not required, drop in welcome.

Please use the QR to view our session times and access PDF versions of our flyers.



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## **Activities for Adults (18+)**

Contact Rachel on info@growingworks.org.uk or 07845 415289

**Bud Volunteer Sessions – Open to all adults** Gardening, maintenance, enjoy being outdoors, food provided Tuesdays & Thursdays 10am – 2pm Wakefield Road Allotments, Dalton, HD5 9XN

### **Activities for Families and Young People**

Contact Jess on info@growingworks.org.uk or 07883905899

### Sprout at Crow Nest Park - For SEND/SEMH families

Outdoor fun in relaxed, accessible environment for children (age 12 and under). No diagnosis required. Saturdays 10am - 12pm Crow Nest Park, Dewsbury WF13 2SG

### Booking is required for all family and young people sessions

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